



March 4, 2025 Vol. 77, No. 9

Shrove Tuesday  
& Lent

**NWATCH**

During the Early Middle Ages (5<sup>th</sup> to 10<sup>th</sup> centuries) in Europe, Christians practiced *carne levare* (English: “taking away of flesh”) before the start of Lent. This was a time for confessing one’s sins before the Lenten fast, and the Latin *carne levare* is where we get the word “Carnival.” In the Anglo-Saxon “Ecclesiastical Institutes” (~1000 CE), it says, “In the week immediately before Lent everyone shall go to one’s confessor and confess one’s deeds, and the confessor shall so shrive them as they then may hear what one is to do in the way of penance.” Shrive means “hear confessions,” and along with *carne levare* led to the formation of Shrove Tuesday in England and Carnival in the rest of Europe.

Before starting the Lenten fast, people began having parties after their confessions. This is where pancakes entered the scene for Shrove Tuesday. Herbert Thurston writes, “Before a long period of deprivations, human nature should allow itself some exceptional license in the way of frolic and good cheer.” In other words, *have some fun before Lent!*

Both Shrove Tuesday and Lent are part of the church calendar, and they highlight different elements of our faith journey. By having the sweet stop for pancakes on Shrove Tuesday, we lean into the joy of following Christ before preparing for Jesus’ passion. Tonight, March 4, we will gather around tables, eat pancakes, laugh, have fun, and hear some wonderful music from Voces Laetae.

## SERVICE OF HOLY WORSHIP

Ash Wednesday March 4, 2025

6:00 PM

**Sermon:**

Awakened to Something New

Dr. Matthew Tennant

**Scripture:**

Joel 2:12-13

**Anthem:**

*To Dust* by Marrolli

Sunday, March 9, 2025

11:00 AM

**Sermon:**

The Wandering Way

Dr. Matthew Tennant

**Scripture:**

Luke 4:1-2

**Anthems:**

*Amen! Siakudumisa!* arr. Wright  
*For God Commanded Angels to Watch Over You* by Mendelssohn

## ASH WEDNESDAY SERVICE

**Deacon:** Peter Ohlms

**Ushers:** Shirley Clark, Jackie Lockwood

## SUNDAY SERVICE

**Deacon:** Shirley Clark

**Ushers:** Jackie Lockwood, Brian Guyton

**College Dinner:** Click [here](#) to sign up to provide a dinner for our college students.

Then, tomorrow, we will begin our Lenten journey.

Lent is a time for reflection and preparation. This year, we will follow the CBF's Lenten devotional "Hope, Justice, and Relationships." There are readings for each day, and we will discuss the readings on the remaining Wednesdays during Lent.

Enjoy Shrove Tuesday and let Lent prepare your hearts for the glory of Easter.

Peace,  
Matt

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### Prayer Requests\*

Jack & Jo-Ann Averill

Colleen Baber

Tony & Patti Barretta

Alba & Pam Beasley

Clara Brown

Leon & Nancy Castle

Johnny & Gail Ellen

David & Linda Hendon

Thomas Hill

Doc Litchfield

Larry & Lynn Martin

Edith Parker

Melvin & Mildred Spicer

Bob & Joyce Tennant

Barbara Weber

Jack & Anne Wilkerson

\*In order to respect privacy, limited information is included here.

## CALENDAR

### WEDNESDAY, March 5

9:00 Work Team

5:30 Wednesday night dinner

6:00 Ash Wednesday worship service

7:00 Sanctuary Choir Rehearsal

### SUNDAY, March 9

8:30 JARC Meeting

9:30 ESOL/Seekers Class

9:45 Sunday Morning Bible Study

11:00 Morning Worship

### TUESDAY, March 11

11:30 Annie Armstrong Circle

6:30 Prayer Shawl Group

7:00 Voces Laetae Rehearsal

*For our most up-to-date calendar, [click here.](#)*

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Remember to set your clocks ahead one hour on Saturday night!

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### SHROVE TUESDAY

### Shrove Tuesday

Join us tonight for a Shrove Tuesday celebration with a pancake supper at 5:30 in the Fellowship Hall.

Shrove Tuesday is the last day before the beginning of Lent on Ash Wednesday. Eating pancakes refers to the last night of eating richer, fatty foods before the ritual fasting of the Lenten season. Voces Laetae will also be there to present a concert for us. If you would be willing to help with this fun fellowship event, call the church office.



Join us tomorrow, Wednesday, March 5, for dinner at 5:30 and then beginning at 6:00, we will have our Ash Wednesday worship service in the Sanctuary with the imposition of ashes.

UBCKids Choir will not meet.

Childcare is always available.

Click [here](#) to RSVP.

Our menu will be:

- Tomato Braised Chicken Thighs*
- Smoky Andouille Sausage*
- Creole Style Jambalaya Rice*
- Zesty Red Beans*
- Creamy Cucumber Salad*
- Dessert TBD*

Following the service, at 7:00 you are invited to sing with the Sanctuary Choir as they rehearse in the Music Suite.

Please remember that we can park in the 14th Street Garage on Sunday mornings. Just show your bulletin when you leave, and



## Parking

you will not be charged. This allows our older and less mobile church members and guests to park in our parking lots close to the church. This is a small thing we can all do to bless someone else and make it easier for them to attend church.



**2025 VBS**  
**July 21 - 25**

## MUSIC: THE PRAISE OF GOD & CRY FOR JUSTICE

A Weekend with **Mark Miller**  
March 14-15, 2025

*We are all children of God. We affirm this when we sing together with people of all races and religions, becoming a force for healing the world.*

### JOY AND JUSTICE SING-IN & PRESENTATION

Friday, March 14, 7:00 pm – All are welcome  
Charlottesville First United Methodist Church  
101 E. Jefferson St., Charlottesville, VA 22902

### CHORAL WORKSHOP

Saturday, March 15, 9:00 am - 11:30 am  
All are welcome – Registration appreciated  
Trinity Episcopal Church  
1118 Preston Ave., Charlottesville, VA 22903

*For Choirs, Song-leaders or all who love to sing  
Mark will present some of his new music, as well as share strategies for engaging your community in the transformative practice of music-making.*



live in and the need for love and justice in our world. All are welcome to participate.



## Walk With Us Through Lent

*The 2025 McCall Lenten Devotional*, themed "Hope, Justice & Relationships," invites us to reflect deeply on God's Word through the lens of Jeremiah 29:7 & 11, which calls us to seek the peace and prosperity of our communities while trusting in God's good plans for our future.

Written by a diverse group of CBF family and friends, these devotions offer thoughtful insights that inspire deeper faith and action.

This year's devotional features an expanded "Justice Notes" section, providing key justice statistics and resources to help readers go deeper. It also includes recommended readings, a conversation starter guide and a self-care inventory, as well as excerpts from Maya Angelou and Amanda Gorman.

Click [here](#) for a digital copy of this resource. Contact the [church office](#) if you need a hard copy.



## HAPPY BIRTHDAY!!

Join us in wishing some of our church family a Happy Birthday!

**Mar. 12:** Johnny Ellen  
**Mar. 17:** Kathy Wilson  
**Mar. 18:** Ingrid Flaherty



**Save the Date:  
UBC's 125th Anniversary  
Celebration**

Join us for a special  
Anniversary Celebration Weekend  
on October 11-12, 2025.

Click [here](#) to link to our 125th Anniversary webpage!!

Don't forget to purchase your special 125th Anniversary T-shirts in the office for a suggested donation of \$10!



### Staff Contact Information:

Senior Minister: Dr. Matthew Tennant - [matt@universitybaptist.org](mailto:matt@universitybaptist.org)  
Associate Minister for Music and College Students - Megan Sharp - [megan@universitybaptist.org](mailto:megan@universitybaptist.org)  
Interim Associate Minister: Rev. Elizabeth Rickert Dowdy - [elizabeth@universitybaptist.org](mailto:elizabeth@universitybaptist.org)  
Intentional Interim Minister of Music: Rev. Susan Deal - [susan@universitybaptist.org](mailto:susan@universitybaptist.org)  
Voces Laetae Director: Will Cooke - [wcooke@universitybaptist.org](mailto:wcooke@universitybaptist.org)  
Office Coordinator: Linda Weirich - [linda@universitybaptist.org](mailto:linda@universitybaptist.org)  
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Social Media Coordinator: Alaysia Toney - [socialmedia@universitybaptist.org](mailto:socialmedia@universitybaptist.org)  
Church Administrator: Alan Hendricks - [ahendricks@universitybaptist.org](mailto:ahendricks@universitybaptist.org)  
Education Coordinator: Rev. Tommy Deal—call the church office at 434-293-5106  
Organist: Barbara Moore - call the church office at 434-293-5106  
Custodian: Thomas Hill - call the church office at 434-293-5106

### Sunday Mornings

#### Worship

Our Sunday morning worship service begins at 11:00 am. We encourage everyone in the congregation to join us in whatever way you feel safe and comfortable at this time, whether in person or virtually. As always, you can listen by radio on WINA (1070 AM and 98.9 FM), or you can join us online for our live broadcast. To view the live video broadcast, visit our [Facebook page](#) or click [this link](#) to watch on YouTube.

*University Baptist Church*  
1223 West Main Street  
Charlottesville, VA 22903  
434-293-5106

Connect with us

